



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.myMeritain.com or by calling your employer at (931) 645-7421 or Meritain Health, Inc. at 800-925-2272.

Important Questions	Answers	Why this Matters:
What is the overall deductible ?	For participating providers: \$2,000 person / \$4,000 family; For non-participating providers: \$2,500 person / \$5,000 family Applies to all services, except as specified below.	You must pay all the costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services, but see the chart starting on page 2 for other costs for services this plan covers.
Is there an out-of-pocket limit on my expenses?	Yes. For participating providers: \$2,000 person / \$4,000 family; For non-participating providers: \$3,000 person / \$6,000 family	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the out-of-pocket limit ?	Premiums, balance-billed charges and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.
Does this plan use a network of providers ?	Yes. See www.aetna.com/docfind/custom/mymeritain or call (800) 343-3140 for a list of participating providers .	If you use an in-network doctor or other health care provider , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network . See the chart starting on page 2 for how this plan pays different kinds of providers .
Do I need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about excluded services .
Is a Health Reimbursement Arrangement available under this plan option?	Yes. \$750 person/ \$1,500 family	An HRA is an account that is set up and contributed to by your employer. The HRA may only be used to pay a portion of your out-of-pocket expenses incurred under the underlying major medical plan established by your employer.

Questions: Call your employer at (931) 645-7421 or Meritain Health, Inc. at 800-925-2272 or visit us at www.myMeritain.com.

If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at www.dol.gov/ebsa/pdf/SBCUniformGlossary.pdf or call your employer at (931) 645-7421 to request a copy.



- **Copayments** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- **Coinsurance** is *your* share of the costs of a covered service, calculated as a percent of the **allowed amount** for the service. For example, if the plan's **allowed amount** for an overnight hospital stay is \$1,000, your **coinsurance** payment of 20% would be \$200. This may change if you haven't met your **deductible**.
- The amount the plan pays for covered services is based on the **allowed amount**. If a non-participating **provider** charges more than the **allowed amount**, you may have to pay the difference. For example, if a non-participating **provider** hospital charges \$1,500 for an overnight stay and the **allowed amount** is \$1,000, you may have to pay the \$500 difference. (This is called **balance billing**.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or an illness	Paid at 100% after deductible is met.	40% coinsurance	-----none-----
	Specialist visit	-0- after deductible	40% coinsurance	
	Other practitioner office visit	-0- for chiropractor and acupuncture after deductible	40% coinsurance for chiropractor and acupuncture	Chiropractic care limited to 30 visits per year. Acupuncture only covered as a form of anesthesia.
	Preventive care/ screening/ immunization	No Charge	Not Covered	Deductible does not apply to participating providers. Includes preventive services as well as routine care (colonoscopy/ sigmoidoscopy), mammogram, gynecological exam, well child care, immunizations, cancer screening and other routine tests. See your plan document for limitations.
If you have a test	Diagnostic test (x-ray, blood work)	No Charge after deductible	40% coinsurance	-----none-----
	Imaging (CT/PET scans, MRIs)	No Charge after deductible	40% coinsurance	

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
If you need drugs to treat your illness or condition. More information about prescription drug coverage is available at www.medco.com	Generic drugs	\$15 copay (retail), \$20 copay (mail order)		Deductible does not apply. Covers up to a 30-day supply (retail prescription); 90-day supply (mail order prescription). Copay applies per prescription.
	Preferred brand drugs	\$30 copay (retail), \$40 copay (mail order)		
	Non-preferred brand drugs	\$55 copay (retail), \$70 copay (mail order)		
	Specialty drugs	Same copays as all other covered drugs		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge after deductible	40% coinsurance	-----none-----
	Physician/surgeon fees	-0- after deductible	40% coinsurance	
If you need immediate medical attention	Emergency room services	No Charge after deductible	No Charge	Emergency room services for a non-emergency are not covered. Participating provider deductible applies to all providers.
	Emergency medical transportation	No Charge after deductible	No Charge	Participating provider deductible applies to all providers.
	Urgent Care	-0- after deductible	40% coinsurance	-----none-----
If you have a hospital stay	Facility fee (e.g., hospital room)	No Charge after deductible	40% coinsurance	Precertification required. Failure to precertify will result in a \$400 penalty (non-participating providers only).
	Physician/surgeon fee	-0- after deductible	40% coinsurance	
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	No Charge after deductible	40% coinsurance	-----none-----
	Mental/Behavioral health inpatient services	No Charge after deductible	40% coinsurance	Precertification required. Failure to precertify will result in a \$400 penalty (non-participating providers only).
	Substance use disorder outpatient services	No Charge after deductible	40% coinsurance	-----none-----

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Substance use disorder inpatient services	No Charge after deductible	40% coinsurance	Precertification required. Failure to precertify will result in a \$400 penalty (non-participating providers only).
If you are pregnant	Prenatal and postnatal care	No Charge after deductible	40% coinsurance	No charge or deductible for preventive prenatal care and certain breastfeeding support and supplies from a participating provider.
	Delivery and all inpatient services	No Charge after deductible	40% coinsurance	Precertification required for inpatient Hospital stays in excess of 48 hrs (vaginal delivery) or 96 hrs (c-section). Failure to precertify will result in a \$400 penalty (non-participating providers only). Baby does not count toward the mother's expense; therefore the family deductible amount may apply.
	Home health care	No Charge after deductible	40% coinsurance	Limited to 120 visits per year. Precertification required. Failure to precertify will result in a \$400 penalty (non-participating provider only).
If you need help recovering or have other special health needs	Rehabilitation services	No Charge after deductible	40% coinsurance	Includes physical, speech & occupational therapy.
	Habilitation services	-0- after deductible	Not Covered	Not Covered
	Skilled nursing care	No Charge after deductible	40% coinsurance	Limited to 60 days per year. Precertification required. Failure to precertify will result in a \$400 penalty (non-participating providers only).
	Durable medical equipment	No Charge after deductible	40% coinsurance	Precertification required for any item in excess of \$1,500. Failure to precertify will result in a \$400 penalty (non-participating providers only).

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non-Participating Provider	Limitations & Exceptions
	Hospice service	No Charge after deductible	40% coinsurance	Bereavement counseling is also covered. Precertification of inpatient services required. Failure to precertify will result in a \$400 penalty (non-participating providers only).
If your child needs dental or eye care	Eye exam	No Charge	Not Covered	Limited to 1 exam per 12 month period (1 routine contact lens exam per 24 month period). Deductible does not apply.
	Glasses	No Charge	No Charge	No deductible. \$200 per 24month period
	Dental check-up	Not Covered	Not Covered	Not Covered

Excluded Services & Other Covered Services:

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)

- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult & Child)
- Emergency room services for a non-medical emergency
- Habilitation services
- Hearing aids
- Infertility treatment (except diagnosis/treatment of underlying causes)
- Non-emergency care when traveling outside the U.S.
- Routine foot care
- Weight loss programs

Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

- Acupuncture (as a form of anesthesia)
- Chiropractic care
- Private-duty nursing
- Routine eye care(Adult & Child)

Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at (931) 645-7421 or Meritain Health, Inc. at 800-925-2272. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact City of Clarksville at (931) 645-7421 or Meritain Health, Inc. at 800-925-2272.

Does this Coverage Provide Minimum Essential Coverage?

The Affordable Care Act requires most people to have health care coverage that qualifies as “minimum essential coverage.” **This plan or policy does provide minimum essential coverage.**

Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). **This health coverage does meet the minimum value standard for the benefits it provides.**

Language Access Services:

(Español): Para obtener asistencia en Español, llame al 1-800-378-1179.

(Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-378-1179.

(Chinese): (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-378-1179.

(Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiiijigo holne' 1-800-378-1179.

————— *To see examples of how this plan might cover costs for a sample medical situation, see the next page.* —————

About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a baby (normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$5,390
- Patient pays \$2,150

Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

Patient pays:

Deductibles	\$2,000
Copays	\$00
Coinsurance	\$00
Limits or exclusions	\$150
Total	\$2,150

Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$2,880
- Patient pays \$2,520

Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

Patient pays:

Deductibles	\$2,000
Copays	\$440
Coinsurance	\$00
Limits or exclusions	\$80
Total	\$2,520

Questions and answers about the Coverage Examples:

What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S. Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- Coverage examples are based on single coverage only.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from participating **providers**. If the patient had received care from non-participating **providers**, costs would have been higher.

What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how **deductibles**, **copayments**, and **coinsurance** can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

Does the Coverage Example predict my own care needs?

- ✗ **No.** Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

Does the Coverage Example predict my future expenses?

- ✗ **No.** Coverage Examples are **not** cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your **providers** charge, and the reimbursement your health plan allows.

Can I use Coverage Examples to compare plans?

- ✓ **Yes.** When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

Are there other costs I should consider when comparing plans?

- ✓ **Yes.** An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-of-pocket costs, such as **copayments**, **deductibles**, and **coinsurance**. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.